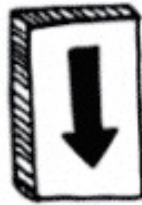




**My Awesome
Gratitude
Journal**

DATE: __ / __ / __



THIS WEEK....

There is something good in everyday...

Monday....

Tuesday....

Wednesday....

Thursday....

Friday....

Saturday....

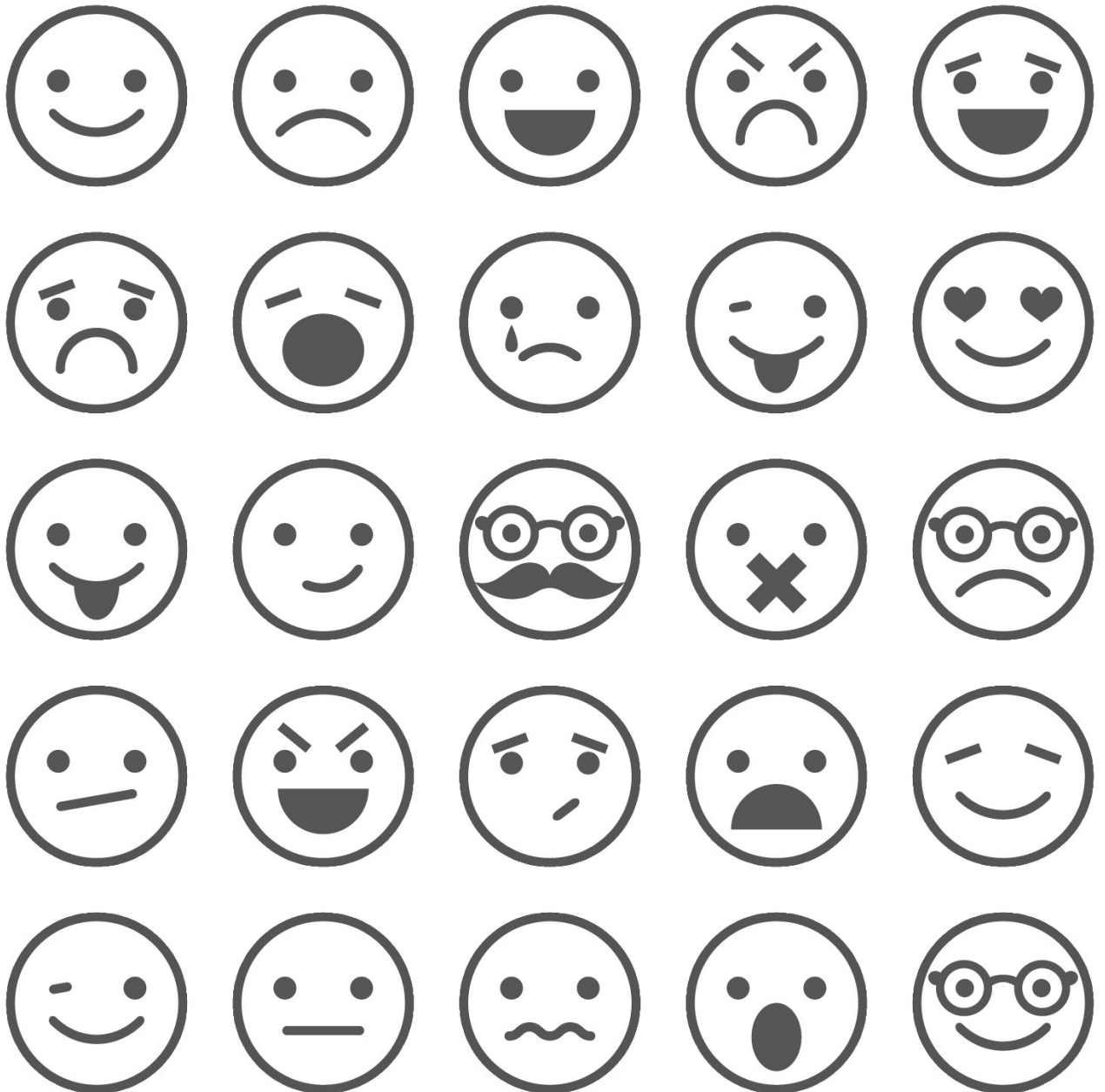
Sunday....

WRITE A THANK YOU LETTER TO
SOMEONE WHO HAS BROUGHT YOU JOY:

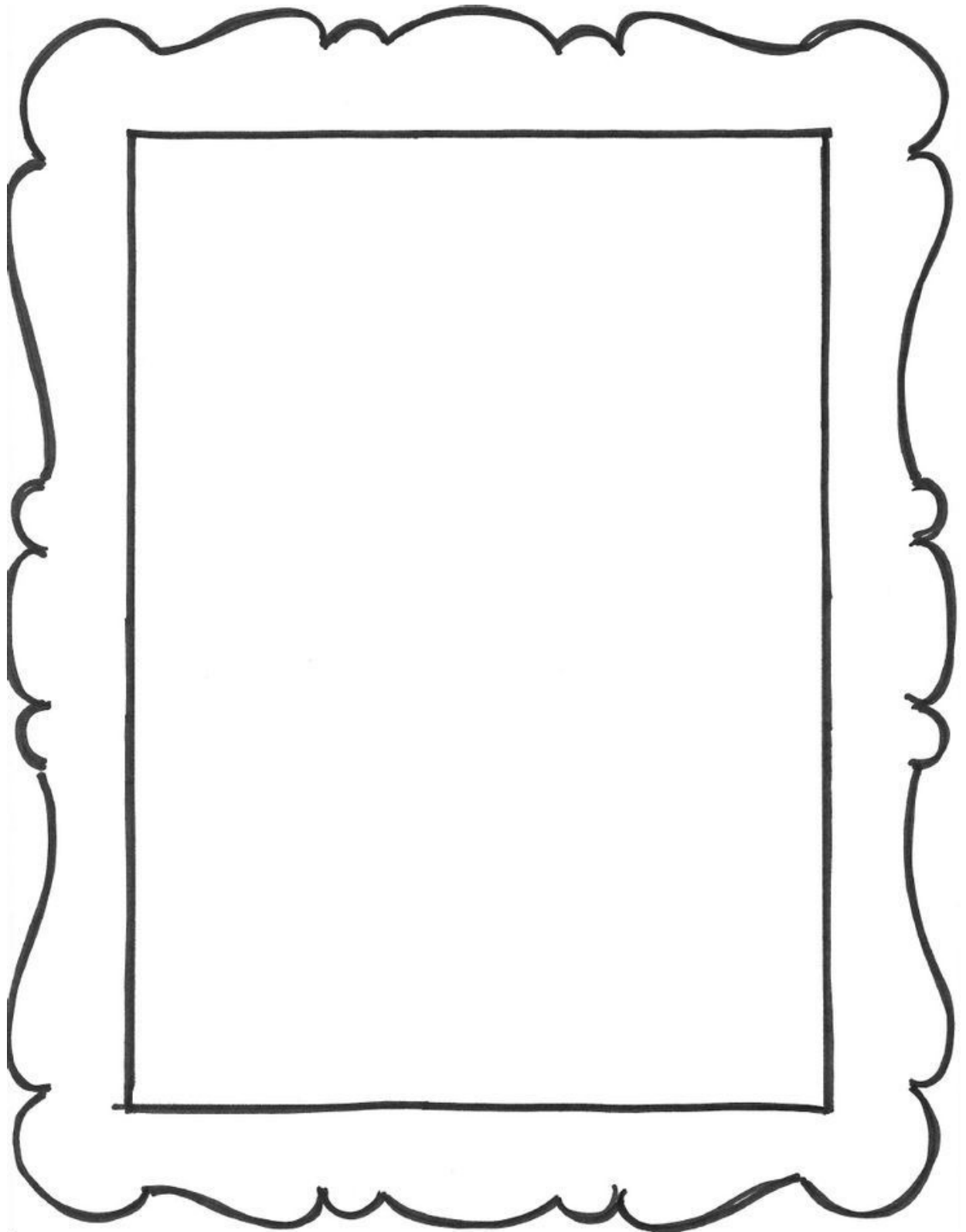


TO: _____
FROM: _____

COLOR IN ALL THE
POSITIVE EMOTIONS
ON THIS PAGE:



DRAW A PORTRAIT OF
SOMEONE YOU
ARE THANKFUL FOR



FILL THIS GRATITUDE
JAR WITH EVERYTHING
YOU'RE THANKFUL FOR

